COVID-19

Positive Self-Test Results Guide

If any member in your home has a **positive** self-test (two red lines), please follow these steps:

#1 Call HealthLine 811

Please call HealthLine 811 to report the positive self-test and for further direction on masking and isolation.

#2 Arrange a Confirmatory Test

When you call HealthLine 811 they will help you set up an appointment to receive a lab PCR test at a local COVID-19 testing site in your community to confirm the positive COVID-19 self-test result.

#3 Isolate

Please isolate immediately to help stop the spread of COVID-19 to others, even if you are vaccinated. We know that this is hard and can present difficulties, but it's the best thing you can do to protect the health of your family, friends, and community.

#4 Create a Contact Tracing List

Please start making a list of where you have been and who you have been in contact with over the past 14 days.

When a member in your home has **positive** self-test results (two red lines), all members within the household are recommended to follow step #3 to help protect the health of your family, friends and community. For additional information, please visit Saskatchewan.ca/covid19-testing.

If you don't have any symptoms, it is important that you watch closely for any symptoms to develop in yourself or in the other members of your home.

- If you have a thermometer, take each household member's temperature twice a day to see if a fever develops
- Other symptoms to monitor include cough, chills, difficulty breathing or shortness of breath

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